

A decorative border of colorful, iridescent bubbles in shades of blue, purple, and green surrounds the text. The bubbles vary in size and are scattered around the edges of the page.

Hand Washing Song

Words: Dr. Nisha Thampi, Music: Frère Jacques
Six-step handwashing method recommended by the World Health Organization
Time: sung andante, 25 seconds.

Scrub your palms

Between your fingers

Wash the back

Wash the back

Twirl the tips around

Scrub them upside-down

Thumb attack

Thumb attack